

CARLA DIE BOER VAN HARTIES TIME TO STUDY HARD!

Hartbeespoort - Carla du Plessis van Kameeldrift-wes het gewys dat sy beslis 'n boer van formaat is toe sy as die Landbou kollege Grootfontein buite Middelburg se dux-student aangewys is op Vrydag 6 Desember 2019.

Carla het op 'n plaas naby Hartbeespoort grootgeword en na matriek het sy haar vlieënierslisensie bekom. Alhoewel sy steeds baie lief is vir vlieg het haar hart meer na die boerdery toe getrek.

Sy het by Grootfontein ingeskryf om meer oor boerderypraktyk te leer maar spesifiek kleinveeproduksie en - bestuur.

Tydens haar drie jaar studies het sy 'n gemiddeld van 90% gehandhaaf en het 21 eerbewyse op die prysuitdeling ontvang. Hierdie jaar het sy saam met haar pa begin boer en is verantwoordelik om die ooi-kudde te bestuur en die voerkraallammers te bemark.

"Niks maak my gelukkiger as om 'n sterk lam te sien suip aan sy ma, die reuk van die reën wat naderkom of hoe sag my hande voel nadat ek wol hanteer het nie," het Du Plessis gesê.



Carla du Plessis

Rustenburg – With the first school term of 2020, learners are getting ready for their exams.

For some it will be their first exams, for others just one of many and for a few the beginning of the end.

Here are a few tips to help you through the process:

1. This is it...Make it or break it! The ball is in your court. Get your mind straight.
2. Work hard and plan. Practice makes perfect.
3. If your plan doesn't work out, adapt it. Get up and try again, never give up!

4. Get enough sleep.
5. Don't waste your time on social media or with friends.
6. Don't drink alcohol or take drugs.
7. If you don't know how to study, get help with developing sound study methods.
8. Spend time studying. Only you can do your work. No-one else can do it for you.
9. Work through previous exam papers.
10. Listen to your educators, do your homework and start preparing for the exams today! Don't wait for tomorrow. Now is the best time!



2 X PROPERTIES FOR SALE

3 BEDROOM HOUSE + VACANT STAND, KOSTER



R830 000

- 2 Adjoining properties
- 3 Bedroom house
- Borehole
- Water tank
- Approved building plans for 10 houses
- Large stands
- Separate storeroom
- Avocado tree

Hjalmar Pretorius

Mobile: 072 170 7157

Email: hjalmar.pretorius@gmail.com

PLOT FOR SALE

3HA PLOT IN THE BOSCHFONTEIN AREA | 7KM FROM WATERFALL MALL



R2 970 000

- Stunning view of the mountains.
- 3ha Plot near Hunter's Rest
- 3 Bedroom House, 2 bath
- Fencing around the plot
- 1 x 1 Bedroom flat
- Borehole
- 4 Bungalows
- Swimming pool
- Flat and Bungalows need r&m
- Viewing strictly on appointment

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LIFE CHANGING MINISTRY HOU 'N KAMP

Rustenburg - Die volgende Life Changing Ministry kinderkamp sal van Vrydag 27 tot Sondag 29 Maart plaasvind en die kinders is vreeslik opgewonde. Met kampe is daar altyd kostes betrokke en ons kampe word gratis aangebied vir die kinders. Daarom vra ons vir hulp met enige kos donasies soos:

brood, melk, groente, vleis, koffie, suiker, koeldrank ens. Die jaarlikse Fun Run vind ook plaas op 12 September so merk dit solank op die kalender. Verskeie sangers tree op - onder andere Julius Magon. Daar gaan ook stalletjies wees. **Vir meer inligting kontak Ria de Jager op 067 229 9179.**



GRACE HELP CENTRE – A VOICE FOR THE VOICELESS

Mooinooi/Brits – Grace Help Centre is committed to easing the plight of the voiceless women and children who find themselves on the receiving end of crimes related to sexual and physical abuse. From the youngest to the most vulnerable person brave enough to say, 'I am more than a victim,' Grace Help Centre is there to provide care and comfort because everyone deserves to live a life free from fear and hurt.

Grace Help Centre is a place of healing, new beginnings and provides victims with the hope of a brighter future.

Victims of domestic violence deserve to be cared for and supported and it is vital for communities to know about the reasons why many women who find themselves in abusive situations choose to stay. Knowledge is power and it might save a life or result is someone making a decision that may positively transform the situation of a friend, family member or relative affected by domestic violence.

Start a conversation

Helping someone to talk openly about domestic violence is an important step towards assisting them. You can bring up the subject by saying "I'm worried about you because ..." or "I'm concerned about your safety..." or "I have noticed some changes that concern me..." A person wearing clothes to cover up their bruises or being unusually quiet and withdrawn could be a victim of abuse.

Let the person know that you will be discreet about any information disclosed. Do not try to force the person to confide. Rather, let the conversation unfold at a pace they are comfortable with.

Take it slow and easy and let the person know that you are available and offer a sympathetic ear.

Reasons why victims stay

It can be hard to understand why someone you care about would seemingly choose to stay in an abusive or unhealthy relationship. There are many reasons why it may not be easy for a victim to part ways with an abuser.

Fear of harm if they leave, the love they have for their partner and belief that they will change, a strong belief that marriage is 'for better or worse', thinking that the abuse is their fault and staying for the sake of the children are some of the reasons.

Other reasons include lack of self-confidence, fear of isolation or loneliness, pressure from family (the community or the church) and lack of a means to survive on their own.

For more information, contact Grace Help Centre on their Help Line on 072 348 6526.



KOM DEEL IN DIE PRET VAN DIE PEGLARAE DAMESKLUB

Rustenburg - Die Peglarae Damesklub is 'n sosiale klub wat Christelik en Afrikaans georiënteerd is.

Hul kom elke derde Dinsdag van die maand bymekaar om gesellig te verkeer.

Tydens die maandelikse byeenkoms op Dinsdag 18 Februarie het Chris Pieterse van die Tarentaal Teater en Pierre van der Spuy hul bedien met pragtige sang en kitaarspel.

Kom kuier saam met die dames by hul volgende vergadering op 17 Maart.

Vir meer inligting kontak Marie Williams op 083 545 1503.

Foto: Agter van links: Miekie Koch en Sanet van der Walt. Voor van links: gaskunstenaars, Chris Pieterse en Pierre van der Spuy.



BERGSIG BOSVELDFEES



Bakkies Botha (left) and Danie Gerber.

Rustenburg – Bergsig Academy will be hosting a night filled with entertainment, divine food, drinks and interaction with old Springbok players on Thursday 26 March!

Bakkies Botha, Danie Gerber and Franco Mostert will form part of the legends that will be at the event.

For more information contact Brian Havenga on 0611295478 or briansport@bergsigacademy.net.